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Give your home a green clean

When most homes think of a "green friendly" cleaning processes, many think the old mop and bucket may be a good fit. It is common to think that using a mop and bucket is sustainable because you can control how much water you use, as well as the amount of chemicals that go into it.

However, the mop and bucket is an outdated, 3000 years old cleaning process that not only has negative repercussions on the environment due to its water wastage and overuse of chemicals but it is mostly ineffective due to the "wiping" of dirt rather than the removal.

Below are 3 key ways to implement a sustainable cleaning process for your home:

No chemicals

Using chemical sprays to get rid of stale odours only "covers" up the problem and is merely a short-term solution. Using a microfibre cloth and wiping down a surface, whether it be a window sill or hard floor, is a highly effective option that eliminates the need for synthetic chemicals which leave behind volatile organic compounds.

The number one rule to remember when it comes to stale odours and smells is that "no smell is a clean smell".

Less water usage

Traditional carpet cleaning methods use large volumes of water, which also results in damp surfaces creating the perfect breeding ground for bacteria.

Steam vapour at a high temperature eliminates all mould, dirt, grime, bacteria and odours from all flooring surfaces, from carpets to ceramic tiles. The amount of super heated dry steam to clean an entire home can be produced from as little as one litre of water. With steam, you will ultimately see your water consumption decrease by as much as 90 per cent.

Less energy consumption

Using time efficient and more effective cleaning equipment doesn't just reduce the manual effort it takes to clean, but the power and energy used to keep these machines running.

Mechanically driven brush systems and machines that provide a 3 in one approach use significantly less power than their traditional counterparts. How much energy would you save if you could cut down the cleaning time by 75 per cent for each room?

Avoid increasing your carbon footprint

Thinking of ways your home can carbon offset its cleaning equipment is a way in which you can make your machine cleaning 100 per cent sustainable. A way that homes can do this is by using their dirty waste water by pouring it onto their gardens.

If you are using the right machine, your water waste should be 100 per cent chemical free, eliminating any potential harm to the environment.

This article has been written for Your Future Home by Murray McDonald, Director Duplex Cleaning Machines
www.duplexcleaning.com.au